**Physiotherapy Research Society (PRS)**

**Five Year Strategy (2023-2028)**

**Between 2023-2028 the Physiotherapy Research Society (PRS) will be ambitious, aspirational and aims to be inspiring to clinicians and future researchers.**

**By 2028 the PRS plan to:**

**1) Increase membership aiming to raise from approximately 150 members to 250.**

***How this will be achieved:***

*- Communicating with our members is important to make them feel valued and part of the PRS e.g., a quarterly newsletter (3 x a year), possibly iCSP contact*

*- Increase resources – online, webpage, social media, workshops,*

*- Increase dissemination of PRS work –Instagram (short bite size videos) involve students to lead these activities*

**2) Develop the conferences – increase numbers to approximately 150 attending if possible (currently approximately 50-60) and publish abstracts.**

***How this will be achieved:***

*- By increasing publicity, locally, regionally, nationally and internationally*

*- Increasing funding through sponsorship*

**3) Have run at least three abstract and three poster presentation workshops, as well as systematic review workshops or webinars, plus seeking opportunities for other webinars etc.**

***How this will be achieved:***

*- Aim for annual workshops for abstract writing and poster development*

*- Continue developing support for people writing systematic reviews*

*- Collaborate with other stakeholders e.g., CSP, CAHPR, Clinical Academic programmes and professional networks seeking opportunities to deliver more workshops and seminars*

**4) Increase networking, partnership and collaboration with key stakeholders e.g., CSP, CAHPR, NIHR, CSP diversity groups etc.**

***How this will be achieved:***

- *Plan for joint workshops/webinars or other events; contribute to research strategies etc.*

*- Collaborate with industry, private providers and charities*

**5) Increase diversity in all aspects, including research, committee members, speakers etc.**

***How this will be achieved:***

*- Aim to expand speciality areas and knowledge within the committee, as well as geographical areas, and continue to embrace an inclusive organisational culture*

**6) Support career development**

***How this will be achieved:***

*- Showcase our journeys and encourage others, lead by example, offer support and mentoring to develop others, collaborate and support leadership and research placements for students*

*- Help clinicians to conduct research, disseminate it and implement it in clinical practice to achieve the research pillar of physiotherapy practice with consideration of capacity, capability, context and culture. This will enhance evidence-based practice to improve patient care in the physiotherapy field.*

*- Run workshops or send questionnaires to find out what people want from the PRS and how we can contribute more*

*- Support development of a research culture in physiotherapy, through workshops and peer support for managers, researching clinicians and clinical academics, helping to build resilience and tenacity.*

*- Facilitate research knowledge and skills by financial support, where possible, e.g., via CSP Professional Network funding opportunities, and recognition via PRS forums e.g., website, Twitter, Instagram etc.*

**7) Develop links with students**

***How this will be achieved:***

*- Through student committee members*

*- Collaborating with the CSP to deliver the student conference*

*- Collaborating with universities etc.*

*- Consider writing guidance documents for students and Band 5’s and 6’s doing research rotations*

*- Social media activity linked to student needs*